

## POLAR - 萬宜地質跑2017 <報名表>

姓名：(中文) \_\_\_\_\_

(英文) \_\_\_\_\_

身份證號碼：\_\_\_\_\_ 性別：\_\_\_\_\_ 出生年份：\_\_\_\_\_

居住地址：\_\_\_\_\_

聯絡電話：\_\_\_\_\_ 傳真號碼：\_\_\_\_\_

支票號碼：\_\_\_\_\_

電郵地址：\_\_\_\_\_

最佳20K時間：\_\_\_\_\_ 屬會：\_\_\_\_\_

緊急聯絡人：\_\_\_\_\_

電話：\_\_\_\_\_ 關係：\_\_\_\_\_

如乘搭本會之巴士，請選擇去程上車地點每張HK\$35元 \*不設回程

香港天后地鐵柏景台A2出口 (6:25am)

九龍中間道YMCA (6:40am)

荃灣地鐵站綠楊坊停車處 (6:40am)

沙田排頭街 (6:55am)

### 男子組

MA組(1988-2001)  MB組(1978-1987)  MC組(1968-1977)

MD組(1958-1967)  ME組(1917-1957)

### 女子組

WA組(1982-2001)  WB組(1973-1981)  WC組(1917-1972)

**報名費**  不連巴士票(HK\$190)  連巴士票(HK\$225)

**聲明：** 謹證明本人是自願參加比賽，並願意自行承擔所有責任。本人亦謹遵守比賽規則及決定。本人一旦因在往返比賽場地或比賽中受到任何財物損失、受傷或致死亡，主辦賽會、贊助商及其他有關辦機構均無須付上任何責任。本人願意授權予大會及傳媒在無須經本人審查而可使用本人的肖像、姓名、聲線及個人資料作為活動及推廣之用。

日期：\_\_\_\_\_ (\*未滿十八歲者) 監護人簽署：\_\_\_\_\_

**跑手簽署：** \_\_\_\_\_

男子隊際

女子隊際

中文隊名：\_\_\_\_\_ 英文隊名：\_\_\_\_\_

隊長(聯絡人)：\_\_\_\_\_

隊員2：\_\_\_\_\_ 隊員3：\_\_\_\_\_

## POLAR High Island GEO Run 2017 < Entry Form >

Name: (Chinese) \_\_\_\_\_

(English) \_\_\_\_\_

ID Card No: \_\_\_\_\_ Sex: \_\_\_\_\_ Year of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Tel no: \_\_\_\_\_ Fax no: \_\_\_\_\_

Cheque no: \_\_\_\_\_

Email Address: \_\_\_\_\_

The Best 20K time: \_\_\_\_\_ Club: \_\_\_\_\_

Person to contact in emergency: \_\_\_\_\_

Tel: \_\_\_\_\_ Relationship: \_\_\_\_\_

Official bus: \$35 per ticket, no return

Tin Hau MTR Park Tower Exit A2 (6:25am)

Middle Rd., KLN YMCA (6:40am)

Tsuen Wan MTR Luk Yeung Fong Parking Space (6:40am)

Pai Tau St., Shatin (6:55am)

### MEN

MA(1988-2001)  MB(1978-1987)  MC(1968-1977)

MD(1958-1967)  ME(1917-1957)

### WOMEN

WA(1982-2001)  WB(1973-1981)  WC(1917-1972)

**Entry Fee**  Without bus ticket(HK\$190)  With bus ticket(HK\$225)

**Declaration:** I certify that I am physically fit and I understand that I am entering this race at my own risk and responsibility. I herewith expressly agree to abide by all rules and conditions of the Organizer. I hereby discharge the Organizer and any other individual or organization connected directly or indirectly with this race from any responsibility in the event of injury, death or loss of property incurred during, as consequence of or while traveling to or from the race. I grant permission and assign of rights, title and interest to the organizer to utilize my appearance, name, voice, bio-dare and likeness in connection with the event in any and all media throughout the Organizer would in perpetuity and agree to waive any right of inspection or approval associated thereto.

Date: \_\_\_\_\_ (\*if under 18 age) Guardian's Signature: \_\_\_\_\_

**Runner's Signature:** \_\_\_\_\_

Men's Team

Women's Team

Team Name: (Chi) \_\_\_\_\_ Team Name: (Eng) \_\_\_\_\_

Team Leader: \_\_\_\_\_

Member 2: \_\_\_\_\_ Member 3: \_\_\_\_\_



冠名贊助商 Title Sponsor

**POLAR**

主辦機構 Organized by

**HKMP**  
HK Marathon Pro

其他贊助商 Other Sponsors

**ZXU**

**F Fitness First**

**M1 sports.**

**MOOD**

**POCAR SWEAT**

**ROCKTAPE**

**SOYJOY**

## POLAR萬宜地質跑2017

香港馬拉松推廣社 主辦

**主辦機構：**成立於1999年，由一班馬拉松精英及愛好者發起組成，旨在推廣香港馬拉松運動

**賽事目標：**鼓勵市民以跑步方式去欣賞大自然

**賽事特點：**沿途盡覽萬宜水庫及中國香港世界地質公園糧船灣景區優美景色

**比賽日期：**2017年1月8日(星期日)

**報到時間：**上午7:30

**起步時間：**上午8:30

**比賽路線：**西貢北潭涌 > 西貢萬宜路 > 東壩 > 西貢萬宜路 > 西貢北潭涌

**集合地點：**西貢北潭涌傷健樂園

**比賽時限：**3小時

**距離：**19公里

**報名費用：**每位港幣190元正

**截止日期：**2016年12月19日(星期一)

**個人組別：**男子 - MA組(16-29歲) / MB組(30-39歲) / MC組(40-49歲) / MD組(50-59歲) / ME組(60-100歲)

女子 - WA組(16-35歲) / WB組(36-44歲) / WC組(45-100歲)

**\*全部組別以出生年份計算**

**隊 際：**設男子及女子組，每三人為一隊，計算每名跑手的時間總和最短者為勝出，時間相同則以第三名隊員成績計算。每組設冠亞季軍，均可得M1 Sports現金券(如下)。而各隊員於隊際的成績，可同時競逐其年齡組別的個人獎項。隊際必須集齊所有隊員的報名表一併寄出，如資料不齊或更改名單，每次手續費港幣100(只接受截止日期前之更改)

**獎 項：**全場首名男子及女子，將會各得M1 Sports現金券HK\$1,000

各個人組及隊際獎項\*如下：

男子										
	MA組 16-29	MB組 30-39	MC組 40-49	MD組 50-59	ME組 60-100	獎盃	POLAR 心率錶	2XU <sup>^</sup>	F.F.*	隊際
第一名	HK\$500	HK\$500	HK\$500	HK\$500	HK\$500	✓	M600	✓	✓	HK\$1,200
第二名	HK\$400	HK\$400	HK\$400	HK\$400	HK\$400	✓	M200	-	-	HK\$900
第三名	HK\$300	HK\$300	HK\$300	HK\$300	HK\$300	✓	M200	-	-	HK\$600
第四名	第4-7名	第4-7名	第4-6名	-	✓	-	-	-	-	-

女子									
	WA組 16-35	WB組 36-44	WC組 45-100	獎盃	POLAR 心率錶	2XU <sup>^</sup>	F.F.*	隊際	
第一名	HK\$500	HK\$500	HK\$500	✓	M600	✓	✓	HK\$1,200	
第二名	HK\$400	HK\$400	HK\$400	✓	M200	-	-	HK\$900	
第三名	HK\$300	HK\$300	HK\$300	✓	M200	-	-	HK\$600	
第四-5名	第4-5名	-	✓	-	-	-	-	-	

<sup>^</sup> 2XU長壓力褲    \* M1 Sports現金券    \* Fitness First健身會籍3個月

### 完賽者紀念品 Finisher Souvenirs



## POLAR High Island GEO Run 2017

Organized by Hong Kong Marathon Pro

**Organizer** : It was established in 1999. This is initiated and formed by a group of marathon elites and lovers. To promote and encourage Marathon sport.

**Race Aim** : To encourage people use running to enjoy the nature.

**Race Features** : Spectacular views of High Island Reservoir and Hong Kong Global Geopark of China High Island Geo Area.

**Race Date** : **8th January, 2017 (Sunday)**

**Meeting Time** : 7:30am

**Starting Time** : 8:30am

**Race Route** : **Pak Tam Chung > Sai Kung Man Yee Road > East Dam > Sai Kung Man Yee Road > Pak Tam Chung**

**Meeting Point** : Pak Tam Chung PHAB BBQ Site (by Pak Tam Chung Barrier Gate)

**Time Limit** : 3 hours

**Distance** : 19km

**Entry Fee** : **HK\$190**

**Deadline** : 19 December, 2016 (Monday)

**Category** : Men - Group MA (Age 16-29) / Group MB (Age 30-39) / Group MC (Age 40-49) / Group MD (Age 50-59) / Group ME (Age 60-100)  
Women - Group WA (Age 16-35) / Group WB (Age 36-44) / Group WC (Age 45-100)

**\*Participants will be grouped according to their year of birth**

**Team Category** : Teams of three (Male & Female). The time of each team will be counted. The third runner's time will be counted when two teams finish with an identical time. The first three men's teams and women's teams will be awarded M1 Sports Cash coupon valued below.

(a) Three individual entry forms must be submitted together to be considered as a team.

(b) Changes to team members or additional information will require a further payment of HK\$100 on each occasion (changes can only be accepted before the deadline).

**Awards** : The first one finisher of overall man and woman will be awarded M1 Sports Cash Coupon HK\$1,000.

Other individual and team awards<sup>#</sup> are as below:

Men										
	Group MA 16-29	Group MB 30-39	Group MC 40-49	Group MD 50-59	Group ME 60-100	Trophy	POLAR (H.R.M.)	2XU <sup>^</sup>	F.F.*	Team
Champion	HK\$500	HK\$500	HK\$500	HK\$500	HK\$500	✓	M600	✓	✓	HK\$1,200
1st runner-up	HK\$400	HK\$400	HK\$400	HK\$400	HK\$400	✓	M200	-	-	HK\$900
2nd runner-up	HK\$300	HK\$300	HK\$300	HK\$300	HK\$300	✓	M200	-	-	HK\$600
Other runner-up	3rd	3rd - 6th	3rd - 6th	3rd - 5th	-	✓	-	-	-	-

Women									
	Group WA 16-35	Group WB 36-44	Group WC 45-100	Trophy	POLAR (H.R.M.)	2XU <sup>^</sup>	F.F.*	Team	
Champion	HK\$500	HK\$500	HK\$500	✓	M600	✓	✓	HK\$1,200	
1st runner-up	HK\$400	HK\$400	HK\$400	✓	M200	-	-	HK\$900	
2nd runner-up	HK\$300	HK\$300	HK\$300	✓	M200	-	-	HK\$600	
Other runner-up	3rd - 6th	3rd - 6th	-	✓	-	-	-	-	

<sup>^</sup> 2XU Long compression tights    \* M1 Sports Cash Coupon    \* Fitness First 3 months membership

### 報名辦法：

1a. 填妥下列表格，連同一張劃線支票(抬頭人請寫「香港馬拉松推廣社」)，一張港幣190/225元正(連1張車票)支票 - 用作支付報名費(不設收據)，多人報名可共用一張支票，但需在支票背面寫上所有參加者姓名及發出支票者之電話號碼，寄回：**沙田銀禧花園一樓33樓C室(POLAR GEO)收**

1b. 網上報名港幣190元正 / 225元正(連1張車票)，詳情請瀏覽本會網頁：<http://www.hkmarathonpro.com>

- 郵遞表格須付一個回郵信封，信封面寫上地址及貼上足夠郵票(多人報名可共用一個大回郵信封，但要按比例增加郵資)，若有未提供回郵信封者，本會有權保留其參賽資格
- 若比賽當天早上五時懸掛八號或以上颱風、紅色或黑色暴雨訊號或非人力可控制之情況影響，比賽將會改期，已繳的報名費，將自動轉往補賽日(而補賽日不出席，都不會作出任何退款或轉人安排)
- 報名一經接納，報名費恕不發還，報名以支票過戶為準
- 不接受現場及逾期報名
- 重複報名，不設退款、轉名、轉賽安排，只計一人報名

### 大會專車：

參賽者可於**香港天后地鐵站A2出口(6:25am)**或**九龍尖沙咀漢口道YMCA(6:40am)**或**臺灣地鐵站線補坊停車場(6:40am)**或**沙田排頭街(6:55am)**乘搭大會的去程巴士(不設回程)直達比賽場地(費用為每位港幣**35元正**)，請連同報名費一同繳交(名額有限，先到先得)，巴士將於上述時間準時開出，逾時不候  
\* 網上報名有購買車票的參加者將收到大會郵寄的確認信及車票，其他網上參加者需留意電郵(包括雜件箱)及瀏覽大會網站的公佈

### 注意：

若報名被接納，接納信將於比賽前七天內寄出，號碼布及晶片於比賽當日派發  
**快速郵遞報名指南：1張支票+1張報名表+1個回郵信封**

### 查詢：

8101 6335及8104 8500或可到<http://www.hkmarathonpro.com>、<http://www.hkrunners.com>網頁下載表格及查閱成績

### 備註：

(1)參加者個人保險需自行負責 (2)號碼布及晶片不得轉讓別人 (3)若資料不全者，恕不接受報名 (4)大會設有行李寄存，水站及里數牌 (5)所有獎項及紀念品不設預領、代領及補發 (6)本賽會有權隨時修改此章程細則，恕不另行通知

### Entry:

- Completed application form with ONE cross cheque HK\$190 / 225 (with bus ticket) cheque for entry fee (Not receipt service and more than one applicants please combine the entry fee in one cheque) made payable to "Hong Kong Marathon Pro" and post to **Flat C, 33/F, Blk 1, Jubilee Garden, Shatin (POLAR GEO).**  
**Quick Guide : 1 Cheque + 1 Entry Form + 1 Stamped Envelope**
- Online Registration Fee is HK\$190 / HK\$ 225 (with a bus ticket), Online Register website at <http://www.hkmarathonpro.com>  
\* Online register without bus ticket runners please check the mail box including spam and visit our website announcement.
- Please enclose ONE self-addressed stamped envelope (more stamps and large envelope for more than one applicants) with your application.  
If the typhoons signal No.8, thunderstorm, red or black rainstorm warning is hoisted at 5:00am or the race is affected by weather or natural reason, the event will be rescheduled, your entry will automatically be carried forward to the rescheduled date and the entry fee will not be refunded. (even if you did not participate on rescheduled day.)
- Entry fee is non-refundable and non-transferable when the entry is accepted. Entry fee is also non-transferable to another applicant.
- Only by post and online entry, no late entry and walk-in entry.
- Entry fee will not be refunded & send back & change participants name & change race for double entry. (Only count one person)

### Official Bus:

Official bus (no return) will be available from (HK) Tin Hau MTR station **A2 Exit**, 6:25am or (KLN) YMCA, Hankow Road TST, 6:40am or (TW) Tsuen Wan MTR Luk Yeung Fong **Parking Space**, 6:40am or (NT) Pai Tau St., Sha Tin MTR station, 6:55am to the venue. The bus fare is **HK\$35** per person and need additional to the entry fee. (Max. no. of people is limited, first come first serve)

By post register and Online register with bus ticket they Confirmation Letter will be posted before 7 days of the race, number bid and chips will get on race day!

### Inquiries:

8101 6335 and 8104 8500 or go to <http://www.hkmarathonpro.com>, <http://www.hkrunners.com> to download an entry form and check the result.

### Remarks:

- Personal insurance is responsible by the participants. (2) The number bib and chip are non-transferable. (3) Incomplete submission details will not be accepted. (4) The organizer will provide Luggage-keeping services, Water Stations and Distance Markers. (5) All souvenirs and awards cannot be awarded before or after the race by other person. (6) Organizer reserves the rights to amend the above information.